

Arts & Crafts

“I Spy” Ornaments



Resource: <http://www.u-createcrafts.com/>

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“I Spy” Ornaments

Facilitator Diversional Therapist, Lifestyle / Activity Staff or Volunteer

Objective of Activity

To promote past or new interest, social interaction, fine motor skills, visual, tactile and sensory stimulation, hand eye coordination

Capability

- Cognitive Impairment
- One to One
- Small Groups
- Fine Motor Skills

Environment

Multi-purpose room

Equipment

- Large SHATTERPROOF clear ornaments {Craft Store}
- Small Christmas buttons
- Vase Filler {Craft Store}
- Christmas ribbon
- Hot glue gun & glue
- Contact paper

Instructions

1. Take the top off and insert Christmas buttons.
Make a list of the buttons that are put into the bulb as you go.



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Instructions Continued



2. Add some clear vase filler.

3. Shake it all up to distribute the buttons throughout the ornament.



4. Hot glue the top on.

5. Create a cute list of all the buttons in the bulb. (These can be done prior to activity on computer if you have certain buttons for certain bulbs)



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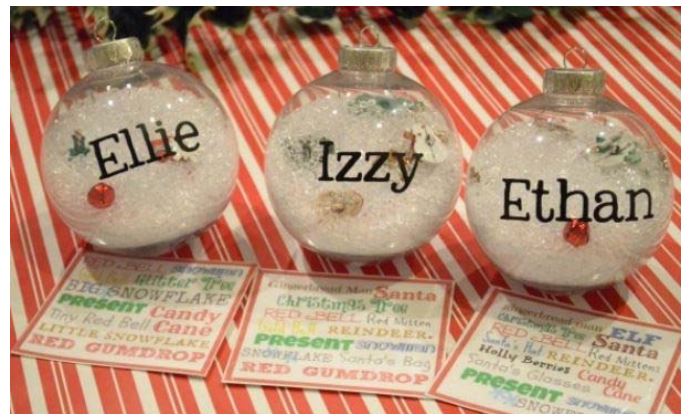
“I Spy” Ornaments

Instructions Continued



6. Print out on card stock and cover both sides with contact paper (or laminate)

7. Add a personal touch with vinyl or stickers.



8. Hole punch the corner and tie the list to the bulb with curly Christmas ribbon.

9. Redirect restlessness and create fun times by trying to find all the buttons on the list.



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Goals of Activity

PHYSICAL:

- Maintain sitting posture and balance
- Encourage walking to group if ambulant
- Encourage upper limb functions, strength, fine motor skills and dexterity
- Maintain ability to perform purposeful movements
- Maintain interest, competence, and motivation
- Redirect and channel restless/anxious behaviour into meaningful activity

SENSORY:

- Utilise vision, tactile and auditory skills
- Reduce risk of sensory isolation by utilising senses: hearing, touch, vision

COGNITIVE:

- Maintain alertness and concentration span and attention skills
- Utilize comprehension and broad thinking skills
- Stimulate residual mental abilities to optimise cognitive functioning
- Assist to raise level of planning, sequencing and task orientated skills by the use of activity
- Promote visualisation skills
- Maintain/build alertness and concentration span
- Prompts past learned skills of a familiar nature
- Utilise comprehensive and abstract thinking skills
- Stimulate long-term memories

COMMUNICATION:

- Maintain social interaction and motivation to communicate within the group
- Expression should be encouraged to maintain skills at both a simple and more complex level of communication
- Stimulate and motivate social contact and communication skills, especially relation to the group
- Maintain verbal and non-verbal skills

SOCIAL/EMOTIONAL:

- Provide an avenue for interaction with fellow residents to promote and maintain social skills
- Facilitate feelings of self-worth; increase self-esteem by promoting self-expression of one's own ideas
- Promote a sense of belonging, feelings of self-worth and self-esteem, especially on completion of projects
- Peer support and encouragement, self-expression and assistance are provided in an enjoyable group environment
- Reduce risk of social isolation
- Maintain past interests, promote a sense of well-being
- Promote self-expression of own ideas and provide an opportunity to learn new skills and interests
- Increase self-esteem with group participation
- Have fun

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Residents Who Regularly Attend:	Comments/ Prompts/Assistance Required:

Name of Person Completing Form:	Signature :
Designation :	Date :
Plan is to be reviewed annually or as required.	Date Revised: